
Scorecard

Fill in the appropriate circles and connect them with a line.

Very high <-----> Very low

Sociability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spontaneity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discipline	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aggressiveness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Competitiveness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mental Focus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Risk taking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Walking PADS Profile

	Very High			Very Low	
Sociability	0	0	0	0	0
Spontaneity	0	0	0	0	0
Discipline	0	0	0	0	0
Aggressiveness	0	0	0	0	0
Competitiveness	0	0	0	0	0
Mental Focus	0	0	0	0	0
Risk Taking	0	0	0	0	0

Running PADS Profile

	Very High			Very Low	
Sociability	0	0	0	0	0
Spontaneity	0	0	0	0	0
Discipline	0	0	0	0	0
Aggressiveness	0	0	0	0	0
Competitiveness	0	0	0	0	0
Mental Focus	0	0	0	0	0
Risk Taking	0	0	0	0	0

Cycling PADS Profile

	Very High			Very Low	
Sociability	0	0	0	0	0
Spontaneity	0	0	0	0	0
Discipline	0	0	0	0	0
Aggressiveness	0	0	0	0	0
Competitiveness	0	0	0	0	0
Mental Focus	0	0	0	0	0
Risk Taking	0	0	0	0	0

Bodybuilding PADS Profile

	Very High			Very Low	
Sociability	0	0	0	0	0
Spontaneity	0	0	0	0	0
Discipline	0	0	0	0	0
Aggressiveness	0	0	0	0	0
Competitiveness	0	0	0	0	0
Mental Focus	0	0	0	0	0
Risk Taking	0	0	0	0	0